

Gym JAMS Home Gymnastics

July 2020

Session 1



Gym JAMS Animals V2

Fun and engaging gymnastics
related movement activities for preschool children
SAFETY
Please create as much open space as possible and grown-up supervision is recommended

Session 2



Gym JAMS The Park V2

Fun and engaging gymnastics
related movement activities for preschool children
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Session 3



Gym JAMS Travel

Fun and engaging gymnastics
related movement activities for preschool children
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Session 4



Gym JAMS Weather

This video is dedicated to the NHS and all the Key Workers – Thank you!
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related movement activities for preschool children
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Session 5



Gym JAMS Storytime

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Session 6



Gym JAMS Numbers & Colours

This video is dedicated to all our wonderful teachers!
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Session 7



Gym JAMS Minibeasts

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Session 8



Gym JAMS The world around us

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Session 9



Gym JAMS Shopping

This session is dedicated to all the key workers in retail
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Session 10



Gym JAMS Seaside

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